

Gearoid Towey Irish Rowing Team 1993-2008

Introduction

- 3 x Olympic Games
- 12 x World Championships
- Elite Athlete Mentor Irish Inst of Sport
- Player Development Manager -Football Federation of Australia
- Founder Crossing the Line Project
- Business Owner and Rowing Coach

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Return to list index · Glossary · SHARE · Embed · CSV

	NOTATI TO NOT THE CA				
Athlete	Gender	Country	Sport	Notes	
Bill Agee	Male	USA	ATH	Committed suicide.	
John Albrechtson	Male	SWE	SAI	Committed suicide.	
Percy Almstedt	Male	SWE	SAI	Committed suicide by shooting himself.	
Charles Aman	Male	<u>USA</u>	ROW	Committed suicide.	
Alfred Annan	Male	USA	GOL	Committed suicide.	
Yevgeny Babich	Male	URS	ICH	Committed suicide by hanging himself.	
Eugène Balme	Male	FRA	SHO	Committed suicide.	
Heidi Becker-Ramlow	Female	GDR	DIV	Committed suicide.	
Ahmet Bilek	Male	TUR	WRE	Committed suicide.	
Franco Bontadini	Male	ITA	FTB	Committed suicide after a disappointment in love.	
Erich Borchmeyer	Male	GER	<u>ATH</u>	Committed suicide.	
<u>Hugo Borja</u>	Male	MEX (E	BAS	Committed suicide after his daughter died of an infection date unknown	
Günter Böttcher	Male	FRG	HAN	Committed suicide in a hospital.	
Enrico Bovone	Male	ITA	<u>BAS</u>	Committed suicide.	
Ricardo Cardoso	Male	BRA	DUC	Committed suicide in 1991 after a love disappointment.	
Sigi Denk	Male	AUT	CYC	Committed suicide by hanging.	
Jacques Dimont	Male	FRA	FEN	Committed suicide.	
Christophe Dupouey	Male	FRA	C(C	Committed suicide.	
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Knut Torbjørn Eggen	Male	NOR	FTB	Committed suicide. Noted of him that he "had come to the point of life where he was more afraid to live than to die"	
István Énekes	Male	HUN	BOX	Committed suicide.	
Jackson Fear	Male	AUS	ARC	Committed suicide.	
Ragnar Fogelmark	Male	SWE	WRE	Committed suicide.	
<u>Lucien Gaudin</u>	Male	FRA	FEN	Committed suicide.	
Oskar Glöckler	Male	GER	ART	Committed suicide.	
David Guttman	Male	SWE	ATH	Committed suicide by hanging himself.	
Jerry Heidenreich	Male	USA	SWI	Committed suicide.	
Claudia Heill	Female	AUT	JUD	Fell from the sixth floor of her flat. It is possible that she committed suicide, per original press reports.	
<u>Lutz Hoffmann</u>	Male	GDR	GYM	Committed suicide.	
Robert Howard	Male	USA	ATH	Committed suicide after murdering his wife.	
Herbert Huber	Male	AUT	ASK	Committed suicide by hanging.	
Jo Kaiser	Male	GER	<u>ATH</u>	Committed suicide.	
Anneliese Kapp	Female	GER	DIV	Committed suicide.	
Kentaro Kawatsu	Male	<u>JPN</u>	SWI	Committed suicide.	
Per Kinde	Male	SWE	<u>SHO</u>	Committed suicide by hanging himself.	
František Kobzík	Male	TCH	ROW	Committed suicide to avoid capture during World War II.	
Yoshio Kojima	Male	JPN	ATH	Committed suicide.	
Clive Longe	Male	GBR	<u>ATH</u>	Committed suicide after	

Kersten Meier	Male	FRG	SWI	Committed suicide by jumping from a bridge.	
Eugenio Monti	Male	ITA	BOB	Committed suicide.	
Mika Myllylä	Male	FIN	<u>ccs</u>	Committed suicide.	
Takeichi, Baron Nishi	Male	<u>JPN</u>	EQU	Possibly committed suicide during the Battle of Iwo Jima.	
Marco Pantani	Male	ITA	CYC	Committed suicide.	
<u>Dušan Pašek</u>	Male	<u>TCH</u>	<u>ICH</u>	Committed suicide.	
<u>Víctor Peralta</u>	Male	ARG	BOX	Committed suicide, shot himself while suffering from terminal prostate cancer	
Nils Persson	Male	<u>sw</u> e	SAI	Committed suicide by hanging himself.	hc
Jeret Peterson	Male	USA	FRS	Died of a self-inflicted gunshot wound to the head, found in Lambs Canyon, Utah.	e
Antonio Pettigrew	Male	USA	ATH T	Committed suicide by an overdose of pills containing diphenhydramine. 87449	
Dan Pippin	Male	USA	BAS	Committed suicide.	
Pierre Quinon	Male	FRA	ATH	Committed suicide.	
Fausto Radici	Male	ITA	ASK	Committed suicide by shooting himself with a handgun.	
Rhoda Rennie	Female	RSA	SWI	Committed suicide.	
Jesús Miguel Rollán	Male	ESP	WAP	Died after a fall from a balcony of a rehabilitation clinic where he was treated for depression - possibly he committed suicide.	
Stephen Scherer	Male	<u>USA</u>	SHO	Committed suicide by	

Thomas Schleicher	Male	AUT	JUD	Committed suicide while in prison.
Christine Smith	Female	AUS	ASK	Committed suicide.
Doc Strong	Male	<u>USA</u>	WRE	Committed suicide in a jail cell where he sat for public drunkenness.
Darren Sutherland	Male	IRL	BOX	Committed suicide.
Gholam Reza Takhti	Male	IRI	WRE	Officially he committed suicide, but a lot of sources mention theories about being murdered for his political activities.
Hidemitsv Tanaka	Male	<u>JPN</u>	ROW	Later a well-known writer. Committed suicide.
Harold Thomas	Male	NZL	BOX	Committed suicide by jumping from a train few hours after his fiancee's death.
Fritz Traun	Male	GER	ATH, TEN	Committed suicide.
Kokichi Tsuburaya	Male	JPN	ATH	Committed suicide.
Ernst Udet	Male	GER	ART	Committed suicide, shot himself after years of alcoholism and drugs
<u>Vladimír Vávra</u>	Male	TCH	WRE	Committed suicide.
Sammy Wanjiru	Male	<u>KEN</u>	ATH	Committed suicide after being found in love triangle by his wife.
Mike Whitmarsh	Male	USA	BVO	Committed suicide.
Percy Williams	Male	CAN	ATH	Committed suicide.
Hiromi Yamafuji	Male	JPN	CYC	Committed suicide.
Ikuko Yoda	Female	JPN	ATH	Committed suicide.
Masami Yoshida	Male	JPN	ATH	Committed suicide.

Name	Team when arrested	Offense	Sentence	Notes
Plaxico Burress	New York Giants	Attempted criminal possession of a weapon	2 years	Conviction was a plea bargain for an incident in which Burress accidentally shot himself in a nightclub. ^[1] Eligible for parole in April 2011; ^[2] released June 7, 2011. ^[3]
Billy Cannon	Retired	Counterfeiting	5 years ^[4]	Served 2½ years. Had been elected to the College Football Hal of Fame before his conviction in 1983, but the Hall rescinded th honor before his scheduled induction. The Hall elected him a second time in 2008 and he was inducted at that time. ^[4]
Rae Carruth	Carolina Panthers	conspiracy to commit murder	24 years ^[5]	Projected Release Date October 22, 2018 ^[6]
Cecil Collins	Miami Dolphins	burglary	15 years ^[7]	Current release date, July 16, 2014 ^[8] May face further imprisonment in Louisiana after release from Florida prison.
Dwayne Goodrich	Dallas Cowboys	criminally negligent homiside	12½ years [9]	Hit and run accident. Eligible for parole in 2009.[10]
Thomas "Hollywood" Henderson	retired (from Dallas Cowboys)	sexual assault, bribery	4 years, eight months	released after serving 28 months ^[11]
Darryl Henley	Los Angeles Rams	drug trafficking, attempted conspiracy to commit murder	41 years ^[12]	expected release date: March 28, 2031[13]
Travis Henry	Free agent, recently released from Denver Broncos	Drug trafficking	3 years ^[14]	expected release date: December 19, 2011 ^[15]
Terry "Tank" Johnson	Chicago Bears	probation violation relating to weapons possession	120 days	served 60 days ^[16]
Jamal Lewis	Baltimore Ravens	using a cell phone to facilitate a drug deal	four months	served four months ^[17]
Leonard Little	St. Louis Rams	involuntary manslaughter	three months ^[18]	Involved in fatal car crash while intoxicated.
Dexter Manley	Washington Redskins	drug possession, evidence tampering	4 years (1996) 2 years (2002)	served over three years total ^[19]
Byron "Bam" Morris	Kansas City Chiefs	drug trafficking	30 months	Released after serving two and a half years ^[20]
Eugene "Mercury" Morris	retired from Miami Dolphins	drug trafficking	20 years	conviction overturned - reached plea bargain and released afte serving 3 years ^[21]
Nate Newton	retired from Dallas Cowboys	drug trafficking	7½ years (two separate convictions) ^[22]	released after serving about two and a half years[23]
Lawrence		assault, separate incident of assault with a		previously sentenced to 10 years on driving charge, which was

Lawrence Phillips	released/retired	assault, separate incident of assault with a deadly weapon (intentionally driving into victims)	31 years total	previously sentenced to 10 years on driving charge, which was reduced to seven years during sentencing for assault charge against his girlfriend in 2009. ^[24]
Robert Rozier (a.k.a. Robert Rameses)	retired from St. Louis Cardinals ^[25]	multiple murders	multiple	convicted of four murders, served 10 years and placed in witness protection after testifying against Yahweh Ben Yahweh, later sentenced to 25 to life on check kiting charge under three strikes rule ^[26]
Art Schlichter	Indianapolis Colts	forgery, theft, others	16 years ^[27]	committed over 20 felonies related to gambling, released from prison in June 2006 ^[28]
Orenthal "O. J." Simpson	retired	robbery, kidnapping	nine to thirty- three years	[29] See also O. J. Simpson robbery case.
Alonzo Spellman	retired/cut (from Chicago Bears)	interference with a flight crew, simple assault ^[30]	18 months	served one year
Donte Stallworth	Cleveland Browns	DUI Manslaughter (Driving under the influence of alcohol)	30 Days incarceration, 2 years house arrest	[31]
Michael Vick	Atlanta Falcons	conspiracy, related to dog fighting[32]	23 months ^[33]	See also Bad Newz Kennels dog fighting investigation.
Stanley Wilson Sr.	retired from Cincinnati Bengals	burglary	22 years	sentence was under a third strike provision [34]

Association football (Soccer)

[edit]

English Football League

[edit]

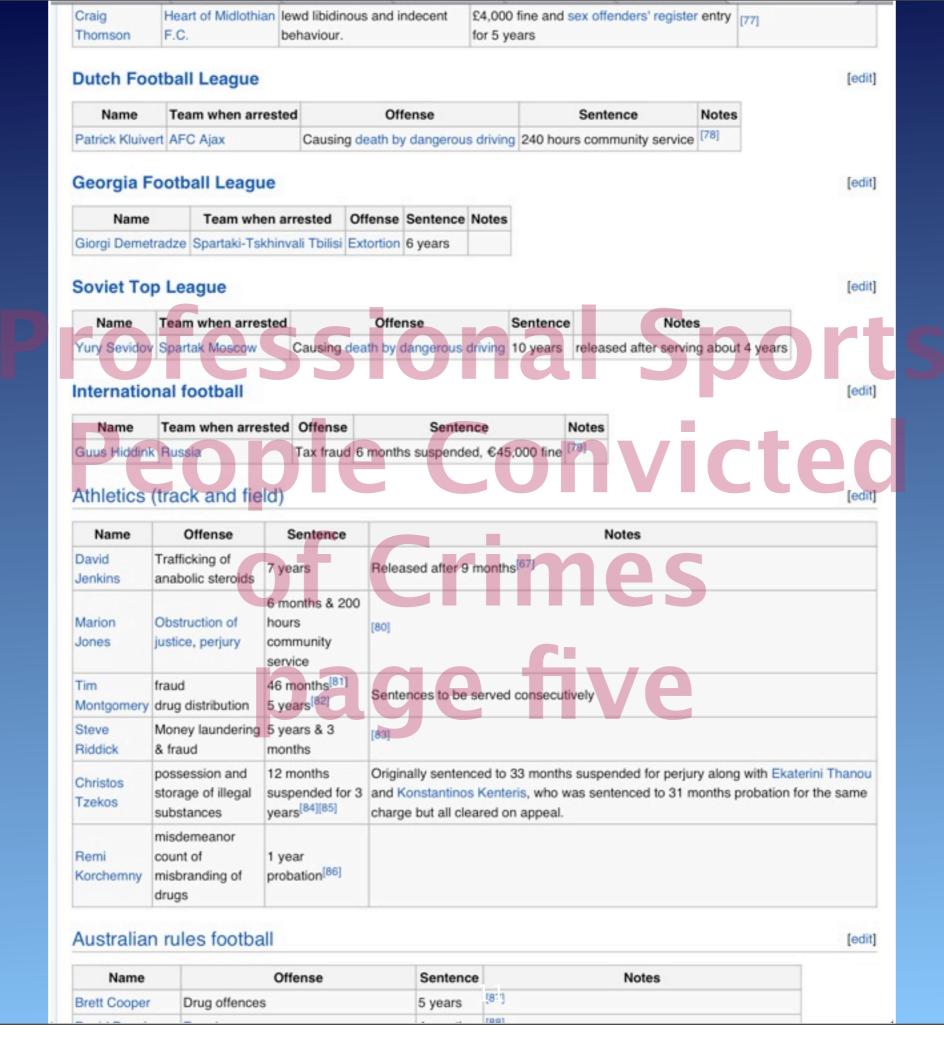
Name	Team when arrested	Offense	Sentence	Notes		
Jimmy Gauld	Everton F.C.		4 years			
Peter Swan	Sheffield	conspiracy to defraud		See 1964 British betting scandal [35]		
Tony Kay	Wednesday		4 months			
David Layne	F.C.					
Tony Adams	Arsenal F.C.	Drunk driving	4 Months	Released after serving 57 days ^[36] [37][38][39][40]		
Joey United F.C. Barton Manchester Assault	Assault, affray	6 months ^[37]	[40][41]			
	Manchester City F.C.	Assault	4 months, 2 years suspended	[42]		

George Best	retired	Drink driving, assaulting police, failing to answer bail	3 Months	[37][38][40]	
Steve Brooker			28 days	Released after serving 14 days.[39][43]	
Scott Brown	Bristol City	affray	120 hours community service	Brooker, Brown, Orr and Partridge were convicted for	
Bradley Orr	F.C.		28 days	the same incident where they were involved in an assault on a doorman.[39][43]	
David Partridge		affray and bodily harm	2 months	Released after one month ^{[39][43]}	
Eric Cantona	Manchester United	Assault	2 weeks	Released after 24 hours. Later overturned in favour of 120 hours community service after appeal ^[44]	
		Drink driving	prison sentence not specified	[37][45]	
Gary Charles	Retired	Breach of bail conditions	prison sentence not specified	Illegally removed electronic tag to go on holiday, therefore breaching court conditions[37][45]	
Ondres		Assault occasioning actual bodily harm	9 months suspended, 100 hours community service	[46][47]	
		Assault	12 months	[48]	
Gary Croft	Blackburn Rovers F.C.	Driving while disqualified, perverting the course of justice	4 months	nVICTE	
Terry Fenwick	Leicester City F.C.	Drink driving	4 months	[37][40]	
Callum Flanagan	Manchester	Dangerous driving	8 months	Timm and Flanagan were convicted for the same	
Mads Timm	United	Duling State of the state of th	12 months	incident where they were street racing ^[50]	
Lee Hughes	West Bromwich Albion F.C.	Causing death by dangerous driving	6 years	[37][38][51]	
Gavin Grant	Bradford City	murder	Life imprisonment	Eligible for parole after 25 years. ^[52] Cleared of a 2005 murder in 2007. ^[53] Murder he was convicted of took place in May 2004, before the start of his professional career. ^[53]	
		Wounding	80 hours community service		
	Barnet F.C.	Fraudulent use of vehicle license, theft	fined £280		
	Credit card fraud	Community rehabilitation order			
Marlon	Gillingham	Obtaining property by deception and criminal damage	6 months community rehabilitation order		
King	F.C.	Handling stolen cars	18 months	reduced to 5 months on appeal ^[54]	
		Assault and unprovoked	fined £1000		

Jamie Lawrence	n/a	Robbery	4 years	Released after 26 months ^{[37][38][56]}
Jan Mølby	Liverpool F.C.	Reckless driving	3 months	[38]
Luke McCormick	Plymouth Argyle F.C.	Driving with excess alcohol, Causing death by dangerous driving	7 years 4 months	Eligible for parole in three-and-a-half years' time ^[57]
Jermaine Pennant	Birmingham City F.C.	Drink driving whilst banned	90 days	released after 30 days, served rest of sentence wearing electronic tag ^{[37][38][40]}
Tom Pope	Crewe Alexandra	Affray	200 hours community service and a 6 month suspended jail sentence ^[58]	
Micky Quinn	Portsmouth F.C.	Driving whilst banned	21 days	served 14 days ^{[38][39]}
Graham	Chelsea F.C.	Underage sex, indecent assault	12 months.	Placed on sex offender's register for 10 years[59]
Luke Rodgers	Shrewsbury Town	Affray	Fines, cautions, community service	Was denied a US work permit and therefore unable to sign for the New York Red Bulls due to his conviction. [60][61][62][63][64]
Pa		running a brothel	£700 fine and 6 month suspended	nvicte
Peter	Patirod	car theft	2 years	[37][39][65][40][66]
Storey	Retired	counterfeiting	3 years [37][39][65][40][66]	
		smuggling pornographic movies	28 days	
		disorderly behaviour	28 days	MAG
Mickey Thomas	Wrexham F.C.	Counterfeiting	18 Months	[67][37][38][39][40]
Stig Tøfting	Bolton Wanderers F.C.	Assault	4 months	[39][50]
Vinnie	Queens Park Rangers	assault causing actual bodily harm and criminal damage	£300 fine plus 100 hours community service	[68][69][70][71][72]
Jones	Retired	Air rage	80 hours community service, fined £500	
Mark Ward	Retired	Possession of drugs with intent to supply	8 years	Released after serving four years ^{[40][73]}
Dennis Wise	Chelsea F.C.	assault	3 months	Later acquitted on appeal ^[74]
Ched Evans	Sheffield United F.C.	Rape	5 years	[75]

Scottish leagues [edit]

Name	Team when arrested	Offense	Sentence	Notes	
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David Dench	Fraud	4 months	[88]
Merv Dihm	Assault occasioning actual bodily harm	3 years	Didn't serve the full sentence ^[89]
Andrew Krakouer	Assault	16 months	Served his sentence at the Wooroloo Prison Farm ^[90]
Neville Linney	Burglary	2 years	[91]
Paul Tilley	Intentionally causing serious injury	18 months	12 of the 18 months were suspended ^[92]

Name	Team when arrested	Offense	Sentence	Notes	
Willie Mays Aikens	retired	drug possession with intent to distribute, gun possession	20 years, 8 months	Released to a halfway house after serving 14 plus years due to a retroactive change in sentencing guidelines. ^[93]	
Barry	retired	obstruction of justice	2 years probation; 30 days home confinement ^[94]	Appealing conviction. ^[95] See Barry Bonds perjury case.	
Orlando Cepeda	retired	drug possession	5 years	served 10 months. ^[96]	
Alex Cole	retired	drug possession with intent to distribute	18 months ^[97]		
Dwight Gooden	retired	fleeing police, violation of probation (drug use)	1 year	served 7 months ^[98]	
Mel Hall	retired	three counts of aggravated sexual assault of a child and two counts of indecency with a child	45 years ^[99]	Serving his sentence at Allred prison in Texas. ^[100]	
Ricardo Jordan	retired	drug trafficking	7 years ^[101]	listing at Florida DOC &	
Jim Mahady	retired	Second degree manslaughter	6-12 years	Sentence commuted after three years by the Governor of New York, Herbert H. Lehman.	
Denny	retired (from Detroit Tigers)	drug trafficking, embezzlement, and racketeering	12 years	prior sentence overturned after he served two years, released after plea-bargain. ^[103]	
McLain	retired	conspiracy, theft, money laundering and mail fraud	8 years	released after serving six years [103]	
Byron McLaughlin	retired	Money laundering	_	Fled the country before being sentenced. Current whereabouts unknown, presumed to be in France.[104]	
Hiroshi Ogawa	retired	murder, theft	life ^[105]		
Pete Rose	retired/banned	tax evasion	5 months ^[106]		
Darryl Strawberry	retired	drug possession, solicitation of prostitution	18 months	Sentence was suspended in 1999, reinstated after 2002 parole violation ^[107]	
Hank Thompson	retired (from New York Giants	Armed robbery	10 years	served three years ^[108]	
Luis Polonia	Detroit Tigers	Sex with a minor	60 clays	served 60 days ^[109]	

eth Philadelphia na Phillies Attempted murder
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Name	Team when arrested	Offense	Sentence	Notes
Greg "Cadillac" Anderson	Retired	drug trafficking	five months ^[111]	
Billy Ray Bates	Retired	robbery; assault	seven years [112]	
Lonny Baxter	Mens Sana Basket (Italy), formerly with Charlotte Bobcats	gun possession	two months [113]	
Luther "Ticky" Burden	released/retired (New York Knicks)	receiving stolen property	two years	Originally sentenced to 6 to 18 years for Bank Robbery, [114] conviction was voided.[115]
Corie Blount	retired	felony marijuana possession	one year	[116]
Allen	Bethel High School (Hampton, Virginia)	maiming by mob	five years	pardoned by Governor after serving months, conviction later overturned on appeal [117]
Henry James	retired	dealing cocaine	five years [118]	
"Fast" Eddie Johnson	retired	burglary, robbery, drug possession, sexual assault on a minor	various, given life sentence in 2008 ^[119]	[120][121]
Jack Molinas	Fort Wayne Pistons	bribing players to fix games	ten to fifteen years	served five years.[122]
Tom Payne	Atlanta Hawks	rape (multiple convictions) ^[123]	various, most recently sentenced to 15 years in 2000 Page at Kentucky DOC	o h
Ruben Patterson	Seattle SuperSonics	third degree rape	1 year	served 15 days [124]
Isaiah Rider	retired (Minnesota Timberwolves)	possession of cocaine, battery, evading a police officer	seven months ^[125]	
Charles E. Smith	Boston Celtics	vehicular homicide	4½ years ^[126]	served 28 months ^[127]
Jay Vincent	retired (NBA and Lega Basket Italian, numerous teams)	mail fraud, tax fraud	five and a half years ^[128]	
Sylvester 'Sly" Williams	retired	kidnapping ^[129]	five years	released after serving 3½ years. profile at New York DOC ₽

Bodybuilding

[edit]

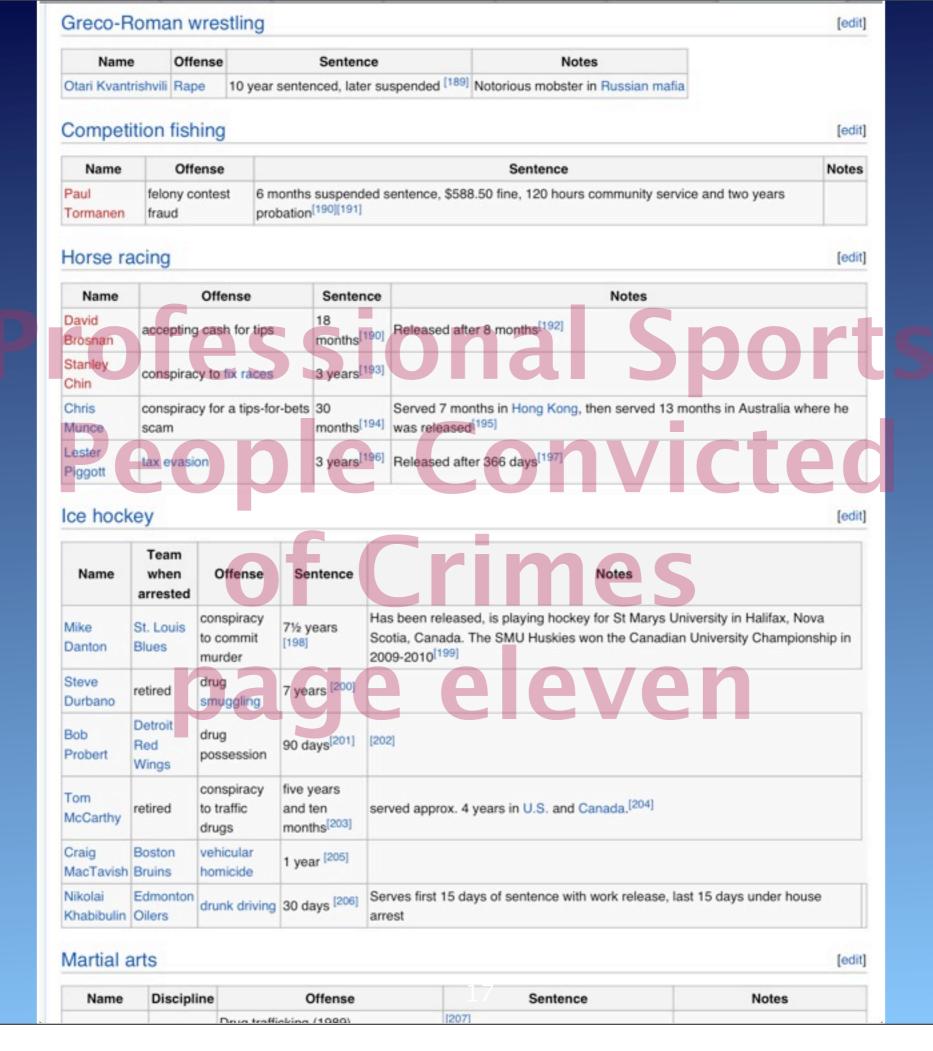
Bodybuilding [edit]

Name	Offense	Sentence	Notes
Bertil Fox	murder	Life ^{[130][131]}	Originally sentenced to death
Sally McNeil	second-degree murder	19 years to life ^{[132][133]}	

Name	Offense	Sentence	Notes
Tony Ayala, Jr.	burglary and rape	35 years	paroled after 16 years, returned to prison for an additional ten year sentence after parole violation. ^[134]
Trevor Berbick	sexual assault	5 years ^[135]	served 15 months, subsequently murdered by kin in Jamaica
Riddick Bowe	kidnapping	18 months ^[136]	released after serving 17 months for kidnapping his wife and children
Rubin "Hurricane" Carter	murder	life ^[137]	conviction set aside and released after serving 19 years
Dereck Chisora	assault C	12 week suspended for 2 years and 150 hours community service	had previous convictions for public order offences, assaulting a police officer and possession of an offensive weapon.[138]
Dale Crowe	convicted in 2006 of involuntary manslaughter, aggravated robbery, and engaging in corrupt acts	20 years ^[139]	scheduled release date February 11, 2026
Evangelos Goussis	See entry on Martial Arts section		es
Esteban De Jesús	murder	life ^[140]	pardoned after 7 years due to failing heath, died 1 month later
Clifford Etienne	attempted murder, armed robbery, grand theft auto, and two counts of child kidnapping	150 years without possibility of parole [141]	incarcerated
Naseem Hamed	Dangerous driving	15 months ^[142]	served 16 weeks
Bernard Hopkins	strong-arm robbery	18 years ^[143]	served 56 months (before boxing career)[144]
James Kirkland	Armed robbery	? years	served 6 months, [145] released on 8 years probation. [146] Currently arrested for breach of probation and federal weapons charge. [147]
Panama Lewis	assault, criminal possession of a weapon, conspiracy, tampering with a sports contest	six years in prison	served 4 years [148]
Sonny Liston	robbery	5 years	served 2 years [149]
Michael Nunn	conspiracy to distribute cocaine	sentenced 292 months in Federal prison	incarcerated at Leavenworth Federal Penitentiary in Kansas, scheduled release date June 16, 2024 [150]

Dwight Muhammad Qawi (formerly Dwight Braxtor		?		served more than two years ^[151]	
Floyd Mayweather, S	Drugs trafficking	5 year		[152]	
Tommy Morris	on Drugs and weapons	10 years		served 14 months [67]	
Luis Resto	assault criminal possession of a weapon (his hands) conspiracy	3 years ^[153]		served 2 years, 6 months	
Harry Simon	culpable homicide	sentenced to two years August 5, 2005. Lost a began serving sentence 2007. [154]	ppeal and	release in 2009 after serving sentence.	
10	rape	six years[155]		served 3 years	
Mike Tuesa	road rage	one year ^[156]		served 9 months	
Mike Tyson	possession of narcotics and DU	24 hours in jail, 360 ho service and 3 years pro			
Name	Team when arrested	Offense	Sentence	Notes LE	
Cody	released/retired from Hamilton	probation violation	12 years [158]		
Ledbetter Trevis Smith	Saskatchewan Roughriders	aggravated sexual assault	5½ years	[159]	
Terry	released/retired (from Toronto	The state of the s	30-60	eligible for Parole in 2028.[160][161] Page at NJ	
Underwood	Argonauts)	murder	years	DOC @	
Cricket				[edit]	
Name	Offense	Sentence	e	Notes	
Arthur Coningham	Fraud	6 months ^[162]			
Leslie Hylton	Murder of his wife	Death by hanging		Executed by hanging ^[163]	
Terry Jenner	Embezzlement	6½ years		Released after 18 months ^[164]	
Vallance Jupp	Manslaughter			Served only half his sentence ^[165]	
Garth Le Roux	Tax fraud	4 years		[166]	
Warrington Phillip	Murder	Life ^[167]		Has been found guilty ^[168]	
Lorrie Wilmot	Rape	12 years, three of the suspended	em	Committed suicide before he was due to be imprisoned ^[169]	
fohammad		6 months in Young Offenders Institution ^[172]			
Mohammad Amir	conspiracy to cheat at gambling	Institution ^[172]			

Mohamma Asif	ad conspirac payments	y to accept corrup [170][171]	t 12 months ^[172]	ľ	See Pakistan	cricket spot-fixing	scandal
Salman B	utt		30 months ^[172]				
Mervyn Westfield	conspirac	y to accept corrup	4 months		[173]		
Cycling							[edit]
N.B: Italics	indicates retire	ed or inactive.					
Name	Discipline		Offense		Senten	ce	Notes
Tammy Thomas	Road racing	perjury and obstru	uction of justice	6 month	hs house arrest		[174]
Missy Gio	ve Downhill	conspiring to poss 100 kg of marijua	sess and distribute more to na		hs home detention sed release	and 5 years of	[175][176][177]
Darts) f	25	SIOI	1a		000	[edit]
Name		Of	fense		Sentence	No	otes
Phil Taylo	r sexual assa	ault		£2,000 fi	ine	[178]	
Chris Mason	actual bodil	ly harm	C	service 3 months 3 years'	rs' community	suspended for	12 months ^[179]
	harm	burglary with inte	nt to cause grievous bodil	3 years		released after	1 year ^[179]
Diving		OI			16:	5	[edit]
Name	Offe	nse Senten		tes			
Bruce Kim	ball vehicular	homicide 17 years	released after serving I	ess than five ye	ars [180]		
Figure	Skating		age		en		[edit]
Name	Of	fense	Sentence			Notes	
	hindering a po (of an attack o Kerrigan)	lice investigation in Nancy	three years probation, 50 community service, and a fine ^[181]		later convicted of o	domestic violence	as well. ^[182]
Tonya Harding	Driving under	the influence	3 days and 10 days of community service ^[183]				
	Driving under	the influence	10 days, 20 days suspen	ded		ice with the conditi irs of classes for tr	
Maxim Staviski	Driving under Causing death driving	the influence, by dangerous	2 years, 6 months ^[185]		Was originally a 2 years suspended, 6 months with 5 years probation, but reversed following appeal. [186]		
Wolfgang	Human traffick	king	18 months ^[187]			ostponed as he wa	



Name	Discipline	C	ffense		Sentence	Notes
		Drug trafficking	(1989)	[207]		
		Attempted murd	er (1989)	18 months ^[207]		
Evangelos		Possession of an unregistered firearm (2004)		[207]		Main article: Melbourne
Goussis		Murder (2006)		20 years imparole perio	prisonment, 15 year non- d[207]	gangland killings ^[208]
		Murder (2008)		life imprisonment, 30 year non-parole period ^[209]		
Kazuyoshi Ishii	Karate	tax evasion	22 months ^{[2}		10]	Released after 14 months
Lee Murray		Armed robbery		10 years		Main article: Securitas depot robbery[211]
James Waithe	Judo	Conspiracy to si Possession of fi		Unknown ^{[21}	2 3	Enforcer for drugs gang
Motorspo	ort					[6
Name	Team when arrested	Competing series when arrested	Offense		Sentence	Notes
Kim Ashkenazi	Inactive		Possession of cocair to supply	ne with intent	6 years, 6 months ^[213] [214]	
		01	Possession of child p	pornography	9 months ^[215]	Additional sentence
Kaye Don	MG Cars	N/A	Manslaughter		4 months	letol
Roy James	Self entry	Formula Junior	Robbery with violence	ce	25 years for conspiracy and a 30 years for armed robbery, to be	Released on parole in 1975. Main article 1963 Great Train Robbery
					served concurrently.[217]	
	Retired	N/A	drug trafficking and p	possessing	served concurrently. ^[217] 2 year suspended	[218]
Garriga Bertrand	Jordan Grand Prix			LV		10
Garriga Bertrand Gachot	Jordan Grand		firearms Assault and use of o	LV	2 year suspended	Sentence was reduced to nin months and six months suspended. Released after to
Juan Garriga Bertrand Gachot Jim Ka To Junior Johnson	Jordan Grand Prix	Formula One Asian Formula Renault	Assault and use of o weapon	LV	2 year suspended 18 months ^[219]	Sentence was reduced to nin months and six months suspended. Released after to months. [220]

Vic Lee	Vic Lee Motorsport (team manager/owner) Vic Lee Racing (team manager/owner) Arciero Racing	PTCC	Deuga trafficiera	12 years (1993)	Presumably released in 1999, made a comeback when he announced a new team in 2000 ^[225]	
VIC Lee		BTCC	Drugs trafficking	12 years (2005) ^{[226][227]}	Released in 2010 ^[228]	
Randy Lanier			conspiring to import and distribute marijuana and of being principal administrators of a Continuing Criminal Enterprise	Life without Parole ^[229]	Ben Kramer was also convicted for the same case	
		CART	conspiracy	40 year (concurrent)		
		CART	tax fraud	5 year (concurrent)		
Don Whittington	Patrick Racing ^[230]	C	Money laundering	18 months ^[231]	Released in 1988 ^[232]	
Bill Whittington	Arciero Racing ^[233]		Income tax evasion and conspiracy to smuggle narcotics	180 months (15 years) ^[231] [234]	Released in 1990[235]	
Marty Hinze	Marty Hinze Racing	IMSA Camel GT	Drugs smuggling and tax fraud	3 years, \$20,000 fine ^[236]	Released in 1989 ^[237]	
P	50	D	Drugs possession (1979)	3 years probation, \$32,500 fine	Paul, Jr. and Sr was convicted for the same incident on both occasions [238]	
John Paul,	JLP Racing (team owner/driver)	IMSA Camel	Possession of false passport (1985)	6 months	Served sentence in Switzerland. Later extradited to the U.S. ^[239]	
Sr.			Importing marijuana, tax evasion, possession of false passport and attempted murder of a federal witness	25 years	Released after serving 15 years, currently wanted for questioning since 2001 for a disappearance case. ^{[239][240]} [241][242]	
	JLP Racing	IMSA Camel	Drugs possession (1979)	3 years probation, \$32,500 fine	[238]	
John Paul, Jr.	Conte Racing Doug Shierson Racing	CART	Racketeering (1986)	5 years	Served 28 months ^{[240][243][244]}	
Jos	Arrows	Formula One	Assault	5 years suspended ^[245]	Sentence was given after settling an out-of-court settlement with his victim	
Verstappen			Harassment and assault	3 months suspended and €1650 fine ^[246]		
Anthony Gobert	inactive		Theft	A\$600 fine and given 300 hours community service	[247][248]	
	inanthe		check fraud (1987)	not specified		
	inactive		drug abuse (1987)	not specified		

	inactive		check fraud (1987)	not specified	
	inactive		drug abuse (1987)	not specified	
	George Walther	CART/USAC	theft (1992)	not specified	
			illegal conveyance of painkillers into the jail (1998)	6 months, 3 years probation	[249] [250] [251][252]
Salt			child endangering (2000)	180 days	
Walther	inactive/retired		violating probation terms (2000) 10 months		For violation of terms for the 1998 case
			Failure to pay child support (2005)	not specified	Already served 240 hours in ja
			violation of community control terms (2007)	10 months in prison, had served 240 days in jail	Prison terms are to run
			"fleeing and eluding" (2007)	3 years	consecutively
	inactive Euro Racing (team	WSC	Drugs smuggling ^[253]	2 years (1987) ^[254] 5 years (1994)	Was given an extra year following a retrial in 1995,
Charles Zwolsman	owner/driver)				released in 1997 ^[254]
Zwoisinali	inactive	p	possession of 2,000 kilos of hashish and 4 counts of firearm possession	8 years (2001) 3 years (2010)	Released in 2005. ^[254] Died whilst serving sentence in 2011 ^{[255][256][257]}
Adrian Sutil	Force India	Formula One	grievous bodily harm	18-month suspended and €200,000 fine ^[258] [259]	Trial took place in Germany for an offence taking place in China
		U	conspiring to import and distribute marijuana and of being principal administrators of a continuing criminal enterprise [260]	Life without parole (1988) ^[261]	Also convicted for another drugsmuggling case in 1977 ^[262]
Ben Kramer	na	Superboat	Federal money laundering (1990) ^{[263][264]}	irto	Was serving sentence when convicted
		9	manslaughter	19 years (1996) ^[265]	Was already serving sentence when convicted for a 1987 murder of Donald Aronow
George Morales		Superboat	Drugs smuggling ^[260]	16 years	
Eddie Trotta		APBA Offshore	tax evasion ^[266]	?	Served 4 years, released in 1987 ^[267]
Slick Gardner		Retired	animal cruelty and grand theft	1 year ^[268]	Sentence given following plea bargain, originally served hous arrest but jailed following paro violation. ^[269]
Rugby u	nion				[ed
Name			se Sentence Notes		

Rugby union [edit] Team when arrested Offense Sentence Notes Name Tony Neary Retired 5 years Fraud Sailing [edit] Offense Name Notes Sentence Philippe Jeantot Tax evasion 2 years suspended and €15,000 fine Currently under investigation for another fraud case [271][272] Skateboarding [edit] Name Offense Sentence Notes felony assault 6 months Unspecified Drug charges 2 years, 6 months Served sentenced in Hawaii [273] Jay Adams Currently completing sentence in a halfway house [27] Involvement in a drugs deal 4 years Released after serving a 4 years [274][275] Christian Hosoi Drug trafficking 10 years Ineligible for parole until February 2018[276][277][278] Mark Rogowski Rape and murder 31 years Snooker Name Offense Sentence Notes Silvino Francisco Drugs smuggling 3 years Sumo wrestling [edit] Name Offense Sentence Notes Wakakirin Shinichi Cannabis possession 10 months, 3 years suspended [67][279][280] 6 years[281] Futatsuryū Jun'ichi Murder Main article: Tokitsukaze stable hazing scandal Surfing [edit] Offense Notes Name Sentence grand larceny (Credit card fraud) not specified [282][283] Mickey Dora check fraud Tennis [edit] Name Offense Sentence Notes 2 years probation, \$500,000 Boris Becker tax evasion fine[284] Bernard drug use, assault and dangerous 3 years^[285] Boileau driving Released after one year.Florida DOC Roscoe 2 years[286] theft, fraud record P Tanner Served 71/2 months[287] 1 year (1946) contributing to the delinquency of a Bill Tilden



SHOCK

•no regimen

- no regimen
- no accountability

- no regimen
- no accountability
- •no pressure to perform

- no regimen
- no accountability
- •no pressure to perform
- reduced support network

- no regimen
- no accountability
- •no pressure to perform
- reduced support network
- •discovering "fun"

- no regimen
- no accountability
- •no pressure to perform
- reduced support network
- •discovering "fun"
- disorientation

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DENIAL

DENIAL

DENIAL

•non-stop party!

DENIAL

- •non-stop party!
- •burying head in the sand

DENIAL

- •non-stop party!
- burying head in the sand
- continuing to try out for team when past sell-by date

ANGER - BLAME - QUESTIONS

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withdrawal mood swings body image

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low self-esteem uncertainty loss of fitness

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low self-esteem uncertainty loss of fitness
relationship pressure lack of direction concern

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6 Months in this phase = depression

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6 Months in this phase = depression

ACCEPTANCE

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Moving on in a changed world

ACCEPTANCE

- Moving on in a changed world
- Re-discovering intuition

ACCEPTANCE

- Moving on in a changed world
- Re-discovering intuition
- Discovering new passion and reason to get out of bed in the morning

Biological Factors

2012 Research has shown that intensive exercise can be as addictive as heroin

Withdrawal leads to physical, emotional and mental issues such as depression

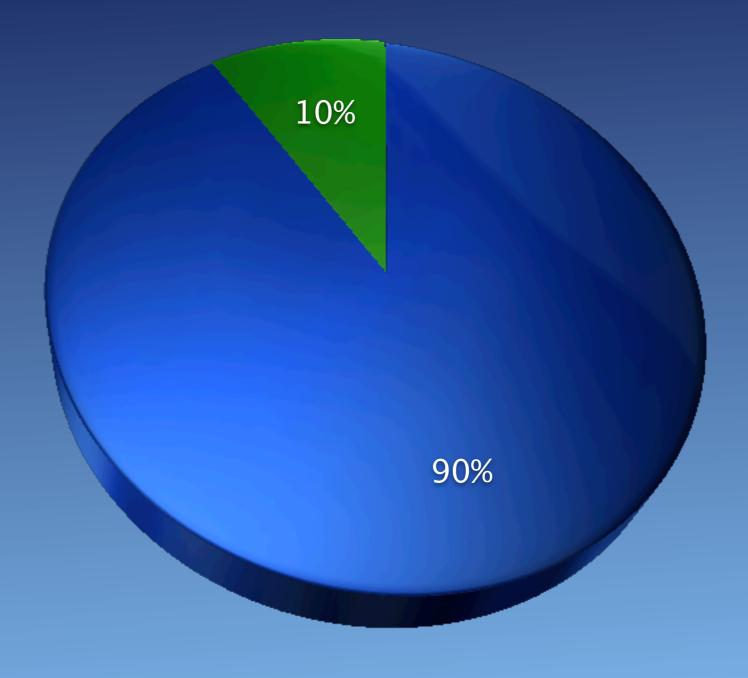
Striving for success or addiction? Exercise dependance among elite Australian Athletes

McNamara, Marita, McCabe, Deakin University, Melbourne

Athletic Identity

"Athletes with overly-developed athletic identities are less prepared for post-sport life and are at risk of emotional difficulties following retirement where many face an identity crisis"

Price, Morrison, Arnold (Australian Institute of Sport 2010)



Egocentrism

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Over Competitiveness

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Submissiveness

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Perfectionism

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Career Guidance

Career Guidance

Career Guidance

Education Guidance and Support

Career Guidance

Education Guidance and Support

Career Guidance

Education Guidance and Support

AIS RESEARCH 2010

"The majority of athletes (72%) studying or working, believed that their sporting performance had benefitted from them undertaking education/employment in sporting career"

Increased Emotional Intelligence

Emotional Baggage... A place to "hide" their real-ness



Lightening the Load...

This is about athlete performance....

not just about transition!

"Athletes will gain maximum benefit from their physical training when all other facets of their life are healthy"

Von Guenther and Hammermeister 2007

Counselling

Ongoing Mentoring (preferably with exathletes)



- Foster an open culture
- Increase life skills
- Balance Equals Performance
- Allow them to be real
- Stay connected

ONE: Open Culture

Create a culture of openness and honesty where athletes can share their feelings with you and others without fear of consequences

TWO: Increase Life Skills

Encourage connection to their human side and increase their "life skills" in tandem with helping them excel as performers.

THREE: Balance Equals Performance

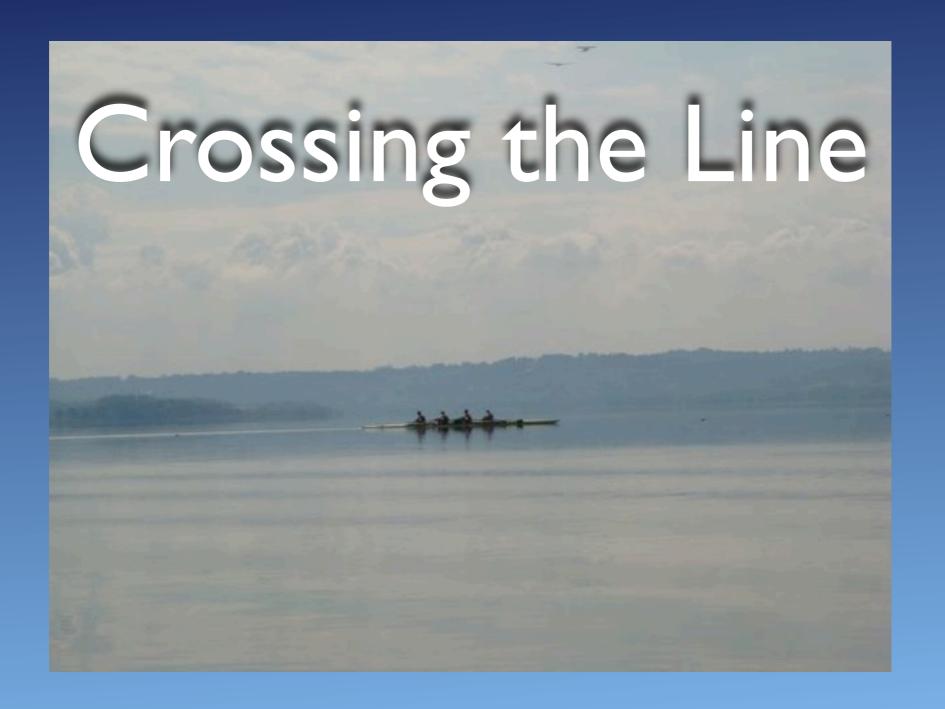
Accept that every athlete is emotionally different and that emotional balance and harmony leads to better athletic performance. See this as a crucial part of your training programme

FOUR: Allow them to be Real

Encourage them to "be real". Understand the value of athletes owning and declaring uncomfortable issues rather than hiding them

FIVE: Stay Connected

Stay in touch after they retire



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