# INTERNATIONAL ROWING COASTAL CHAMPIONSHIPS 2018



# **DATE**

December 8th 2018

PLACE OF VENUE Molo Audace, Trieste

# **CLASSES**

101 Men 4x+

Women 2x

103 Men 1x

104 Women 4x+

105 Men 2x

Women 1x

107 Mix 2x

# **COURSE LENGTH**

Heats 4.00 km

Finals (Master) 4.00km

Finals (Senior) 7.480 km

# REGISTRATION DEAD LINE

To register, send the email with the form provided on the organiser's website (www.sgtnautica.it). The deadline is 5th november, 12 pm. The room reservation, boat rental and registration fee is to be paid before 12th november, 12 pm. The refund for the first eight non-italian rowers will be made upon arrival.



#### **STARTLIST**

Will be available by December 2th at www.sgtnautica.it

#### **HEATS**

In classes where the number of teams registered exceeds the number of boats in the finals, heats will be applied. The heats will be Saturday morning. The organizer reserves the right to adjust the number of starting boats in the final for each class. Course length of the heats will be 4 km.

#### **ENTRY FORM**

Registration is made on the Regatta Organizers Registration Form (excel file), which can be found at the Sgtnautica website (www.sgtnautica.it).

The entry form is sent by e-mail to sgtnautica@gmail.com.

# **CAPTAINS MEETING**

Will be held Friday evening December 7th at 5.30 pm.

IMPORTANT NOTICE: One rower per boat have to attend this meeting.

# ENTRY FORM (BEFORE DEADLINE)

50% off for clubs coming from abroad!

# LATE ENTRY FORM (AFTER DEADLINE)

Double prices. Entry will only be allowed if there will be room in the races.

# **BOAT POOL**

There will be a number of boats available for the regatta. Even if our aim is to supply as many rowers as we can, there will be a limit. To secure your boat, make sure to enter early. First come - first served.

# **PAYMENT**

**SGTn IBAN**: IT95 I088 7702 2000 0000 0347 561

Bank: BCC Staranzano e Villesse, agenzia di via Roma, Trieste

#### ACCOMANDATION

Hospitality package:

Rowers registered in the race will pay the following prices in these three stars hotels:

- "Capitelli"
- "Arco"
- "Residence del mare"

all of them located in the city center, close to the hosting club and to the boathouse.



Each room has a private bathroom and breakfast is included.

**Single room** 60,00 € **Double room** 85,00 € **Triple room** 110,00 €
Room for **four people** 125,00 €

1,50 € per person, per night holiday tax not included.

# First night free for the first eight non-italian rowers!

For info e-mail <a href="mailto:sgtnauitca@gmail.com">sgtnauitca@gmail.com</a>

# RACE VENUE

Boat area, start and finish will be at Piazzale Straulino

Start: Normal on-water-start

Finish: Water finish

# **TRAVEL**

Option train:

1) International - Fly to Venice (Marco Polo) Airport. Take 2h train from Airport of Venice (Marco Polo) to Central station of Trieste (Trieste Centrale, Piazza della Libertà, 11, 34132 Trieste TS).

The rowing club is 1.5 km of the central station of Trieste.

2) International - Fly to Rochi dei Legionari (Trieste) Airport. Take 30min train from Airport of Rochi dei Legionari (Trieste) to Central station of Trieste (Trieste Centrale, Piazza della Libertà, 11, 34132 Trieste TS).

The rowing club is 1.5 km of the central station of Trieste.

# **COCKTAIL PARTY**

7 pm Welcome Cocktail party at the social club house of the SGTn, Friday 7<sup>th</sup> December. Want to join us? E-mail: <a href="mailto:sgtnauitca@gmail.com">sgtnauitca@gmail.com</a>. Payment on site.

#### **MORE INFO**

Please check our FAQ-page and race

- www.facebook.com/sgtnauica/
- www.facebook.com /international borin coastal rowing/

For additional info: giovanni.cozzarini@gmail.com.

# **GENERAL INFORMATION**

Phone: +39040305239

Mobile phone for whatsapp messages:

- Cozzarini.Giovanni +393406404147
- Panteca Sebastiano +393400044459
- Sparpaglione Marco +393485235191
- Staff +393392426321



Access to Club facilities; the SGTn offers full range of facilities, showers, gym, locker room and restaurant (in the club STV, near SGTn). As a host, we at the SGTn invite you to enjoy our facilities during the week prior to the race during which rowers will have accreditations for free access to our facilities, to be collected at the reception desk. There is however a limit to our capacity.

We strongly advise you to make your bookings as soon as possible due to the winter holiday and great tourist affluence in Trieste.

PROGRAMME (it may change due to weather conditions):

# Friday the 7th:

- Boats will be available in the afternoon
- 5.30 pm: captains' meeting
- 7 pm: welcome party

# Saturday the 8th:

- 8 am: qualifying heats and finals
- 7 pm: medal ceremonies

# Sunday the 9th:

• Possibility to compete or attend the **Rowing Christmas Cup 2018** (in the morning).

